

The Corona Chronicle

A joint update from the High Kelling Parish Council, High Kelling Society
and High Kelling Village Hall

Issue 3

mid-June 2020



As the Government eases the lockdown, it's probably the right time to reflect on what's happened and to prepare for a largely unknown future. We are therefore pleased to lead with some words from our local MP, Duncan Baker.

Depending on how the lockdown progresses, this may be the last issue of Corona Chronicle. But we will still be there for you, supporting you in any way we can. Our websites will continue to keep you updated with the latest village news - we are only a click away.

Please do join our village email by contacting highkellingclerk@gmail.com and also letting us know if you found this news sheet of help.

Keep safe,

David Carter, Chair High Kelling
Parish Council

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Message from our local MP, Duncan Baker:

By the time you read this it will have been around thirteen weeks since we started our unprecedented lockdown. I want to thank you for the incredible commitment you've made to adhere to the regulations and stem the flow of the virus.

Throughout North Norfolk, I have heard some of the most amazing stories of people supporting one another. It has been an absolute privilege to help so many of you with queries or signposting you to the right sources of help. It has been touching to help repatriate Norfolk people from abroad, help businesses get the grants they need, and good fun to hold a few 'virtual awards' for our unsung heroes in the community!

We have done so well in this part of the country, largely thanks to your enormous efforts. People have really followed the social distancing measures and, as such, we have kept the spread of the virus under control. Our next test will be to safely ease out of the restrictions and, even though it might be some time before life returns to normal, I'm sure we will quickly adjust to many of the new procedures.

Parliament has returned this week and is currently working to address some of our own workplace challenges around social distancing. I am glad those that can't vote in person can now do so by proxy, which is just and fair.

George Freeman, Jerome Mayhew, and I are working together to lobby for an offshore ring main to support connecting off shore energy to the National Grid. I do not want to see North Norfolk affected by the huge disruption and environmental damage associated with 'cable corridors', and it's clear a much more strategic approach is needed.

Wind energy can hugely help us reach our environmental targets, and the UK is leading the way with more and more 'coal free' days of electricity generation. It's right that we now turn our thoughts to how we can link up our offshore wind farms with the National Grid in a way that minimises the damage to our beautiful North Norfolk landscape.

As I write this, the latest relaxation has been announced, where six people can meet outside. Our primary schools and nurseries are reopening to more children. Some more retail stores are opening. This is a positive message on our road to recovery. It will take time, but as long as we continue to look out for each other and help where we can, I hope and believe we will come out of this situation stronger than ever.

With my best wishes,

Duncan
Telephone 01692 557140
Email duncan@duncanbaker.org.uk

Coronavirus

Deaths involving Coronavirus have now reached over 41,000 - the highest in Europe. However the number of new cases (968) and deaths (38) on Monday 15th June was the lowest since before lockdown on 23rd March.

Against this background, restrictions are gradually being lifted and more shops and businesses are opening. The goal now is to balance a return to as near normal life as possible against concerns about a resurgence of infection leading to a second lockdown. You have probably noticed the extensive social distancing measures in place. Government regulations also require face-coverings to be worn by anyone travelling on public transport in England and by all hospital outpatients and visitors.

Face Coverings

A homemade cloth face-covering can help reduce the risk of transmission, but is not the same as a surgical face-mask used by the NHS. It is not intended to help the wearer but to protect against inadvertent transmission of the virus to others. For instructions on making a face covering see the BBC <https://www.bbc.co.uk/news/uk-52609777>.

The Parish Council has a number of face-coverings available, and is also looking for volunteers to make more which can be provided to villagers who have difficulty finding or making some themselves. Please contact David Carter



The primary source of medical advice is the NHS Coronavirus website: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Holt Medical Practice

Practice statement: “Despite the Coronavirus pandemic, we are still running many of our usual primary care services and patients are encouraged to contact us with their healthcare concerns. However, we are trying to reduce all unnecessary

footfall into the Surgery and so only patients with booked appointments are permitted access”.

Dentist

Many dentists, including the Compass Clinic, are now open but may only be doing a limited range of procedures. Check with your own dentist.

Hairdressers

Hairdressers are due to open on 4 July.

Local updates

For all local updates, visit the Parish Council website on

<https://www.highkellingpc.info> or

Village Hall website on:

<https://highkellingvillagehall.weebly.com>

The High Kelling News is being printed and delivered again.

A Village Email is being set up to speedily provide useful information on important or urgent matters affecting village life, including coronavirus. We encourage you to join by emailing Gemma at highkellingclerk@gmail.com.

All Saints Church

The Church has set up a Pastoral Helpline, which is available to all who may feel isolated, anxious or alone. The phone number is 07393559028 Please do get in touch if you or anyone you know needs any help or simply wants to talk.

The Rector, Fr. Howard Stoker is also personally available on 712048.

Your Local Heroes

We would like to thank anyone who has gone the extra mile to help you. Please email highkellingnews@gmail.com with your name, their name and why you want to thank them.

Garden Photo Competition

Thank you to everyone who submitted pictures of their garden. There were joint winners, who shared the garden gift voucher: Susan and Mike Hoxley, Cromer Road, and Linda and David Wyeth, Pineheath Road (see their photos in the HKN July issue).

Clap for the NHS

People are being encouraged to celebrate the NHS's 72nd birthday and thank key workers for their support during the coronavirus pandemic with a nationwide clap on 5 July. Check for time.

Why not meet up with your neighbours on the streets of High Kelling one last time with a tipple and treats.